



FAQ Athletics & Sport

What is the Sports Association (SA) at SIS?

The Sports Association is a non-profit organisation affiliated with Stockholm International School, composed of SIS students, parents and faculty who offer school sporting teams to the students of SIS. Our aims are to educate the students about the advantages of working together towards a common goal, physical activity, sportsmanship and commitment, while participating in a competitive and fun environment.

What sports do the Sports Association at SIS offer?

The Sports Association (SA) offers Badminton, Basketball, Cheerleading, Cross Country Running, Floor Hockey, Football, Swimming, Table Tennis, Tennis and Volleyball to Grades 6* and above – all levels of experience are welcome. Students can sign up for several sports.

The Sports Association also aims to work with external local clubs and organisations to provide sports and extracurricular activities. If you are looking for a particular activity please let us know and we can help you find it.

Where do I find the sports schedule?

You find the schedule here: <https://stockholmis.se/school-life/sport/>

Where do students sign up for sports at SIS?

You find the schedule here: <https://stockholmis.se/school-life/sport/>

During seasons, send an email to m.fogelstrom@intsch.se

Can students sign up for several sports?

Yes, students can sign up for several sports.

Is there a cost for being part of the sports teams?

Yes, there is a fee to cover the cost of coaches, facilities and equipment (if needed).

Is the academic year divided into sport seasons?

Yes, the academic year is divided into fall, winter and spring seasons.

What grades at SIS can attend the sports teams?

The Sports Association offers sports to grades 6* and above – all levels of experience are welcome. Students can sign up for several sports. *Pending availability and with parental permission, 11 years old children from Grade 5 can participate.

Do the sports teams at SIS compete in games and tournaments?

Yes, SIS is a member of two international school organisations: Nordic Network Sports Tournament (NNST) and the Nordic League. SIS is also the founder and part of the local league: Stockholm International League.

Do the sports teams at SIS travel?

Yes, the teams compete against international schools in the Nordic countries. As well as travel locally to schools in the Stockholm region.

What level are required to be part of the sports teams?

All levels of experience are welcome.

Where do the sports teams practice?

The teams practice in the SIS gym or local facilities in the Stockholm city area.

When do the sports teams practice?

Practices are before or after school time.

Who is coaching the sports teams?

The sport teams are coached by hired and experienced coaches.

